

NEW
Beginnings



Welcome back, Please join me in saying this prayer.

SOTC

Father, thank You.

Thank you for the new beginnings you provide in every moment.

We are filled with praise and thanksgiving for the love, mercy, grace, and forgiveness you give.

Even when we fail, you are there waiting to pick us up and guide us back on the path you have ready for us.

You have placed wonderful people in our lives to help us follow you. Thank you for those special people.

We will praise you in the storms and we will praise you in the joys. ([Philippians 4:4](#))

Thank You, God, for new beginnings. Amen.

SOTC

Welcome back to everyone!

Please discuss with your partner, row, class all the reasons why it is good to be back...

Tutors please record the class reasons on the whiteboard and share your personal thoughts with your form as well.

Background music and video...Feelin good..

<https://www.youtube.com/watch?v=oHRNrgDIJfo>

Hopefully many of you have identified that a new year provides new opportunities, a new beginning a fresh start, a chance to turn over a new leaf, to re-establish goals and set new goals.

Before we look at this fresh start there is an old proverb that says...

'A vision without a plan is just a dream. A plan without a vision is just drudgery. But a vision with a plan can change the world.'

What is meant by a vision and drudgery?

What is the old proverb teaching us?

Discuss with your partner the vision/goals you have for yourself by the end of this academic year.

Now discuss your plan and how you will achieve these goals and this vision.

Oops, did this get tough?

Were you waffling on...do you even have a plan...?

How will you know that you are edging closer to your vision?

What if we all broke things down a bit to help...

To help you achieve your vision...

- You will break it into 4 separate key areas all with their own goals.
- The key areas all contribute significantly to success in school and the rest of your life.
- To create a plan for each key area you will need to consider the 3 probing questions.

Please record your answers neatly in your school planner on a notes page.

I will improve my physical health
by.....

E.g. Consider how you exercise, healthy eating, sleep patterns, clubs etc..

Plan

A-What is working well at the moment? What evidence is there for this?

B-What needs to improve? How will you do this?

C-How will you monitor this progress?

I will improve my emotional health by.....

E.g. Consider hobbies, interests, time spent on tec and social media, the positive influences on your life, your outlook and attitude and crucially the relationships you have with friends, peers and teachers.

Plan

A-What is working well at the moment? Evidence for this?

B-What needs to improve? How will you do this?

C-How will you monitor this progress?

I will make clear progress in the 3 A's by.....

E.g. Consider your **Attendance** target (100%), your punctuality record, your **Appearance**/uniform and your **Attitude** to Learning.

Plan

1-What worked well last year? Evidence for this?

2-What needs to improve? How will you do this?

3-How will you monitor this progress?

I will make clear academic progress in my lessons by.....

e.g. Consider all your subjects/lessons, your attitude to learning, your conduct, the quality of your work, your listening skills, your discussion work, your homework, your determination to succeed etc..

Plan

1-What worked well last year? Evidence for this?

2-What needs to improve? How will you do this?

3-How will you monitor this progress?

Please say this prayer together to finish the New Beginnings PSHE.

SOTC

God, thank you for a fresh start today and a fresh term.

Thank you for the reminder that a new school year represents to us a new beginning with you, our friends and our whole school community.

**We are excited and expectant of your goodness in this new term.
So prepare us all for all the new and wonderful things you have for our lives.**

Help us to let go of the old things that hold us back, the things that do not bring us life, the things that keep us living in the past.

We will cling to our identity in Christ, so help us all to keep springing forward in our journey with you.

SOTC