# Welcome back everyone



- In our own moment of reflection let us pause, think and pray.
- For those we love, for those we miss, for those who need us, for those who have passed, for those who sacrifice for us, for those who are in trouble, for those in pain and for those who are isolated and lonely.
- Listen to the short prayer that thinks of others, that asks for inner strength as we face a new day and that reminds us to be thankful for the things we have in our lives.

#### **My Daily Prayer**

#### Today is my Day!

Today is the day I put aside all that worried or upset me yesterday. Today is the day I say no to any thought, any feeling or any remembrance of past hurt or disappointment. Today is the day I say yes to life! Today is the day I see that I can do more, be more, live more. Today is the day I know that neither my happiness nor success depend on any person, place, or thing. Today is the day I see in myself all the qualities I need to be happy, to be fulfilled, to be successful in all that I undertake. Today my world is fresh and new! Today I am filled with self confidence with the assurance that I am the master of my life. Today I set about to accomplish Great Things, to live up to the high expectations I have set for myself. Today I will succeed for God is with me and His Spirit in me is my inspiration and my capability. Today Is My Day! SHARE And So It Is!

- We are so pleased our new year 7 are finally here with us and welcome back to the rest of our St Joseph's school community after the summer break.
- We are here for you.
- There are lots of adults who will be there to support you whether it is getting started, settling back into a routine, wellbeing matters, teaching and learning, family matters or something more personal.
- It has been a long long time and we realise that everyone has been through some difficult, challenging and stressful times.



• Please remember that we still face a number of challenges and we must all do this together.

- It is essential that we all take a little time to consider the following very important health and safety messages that allow us to live safely, whether this be in school or at home.
- The slides have key messages that we all need to consider so that we keep ourselves and others safe.
- Please be kind and thoughtful with your words, actions and deeds.
- Poor, inconsiderate or malicious behaviour will not be tolerated
- Infection protection is EVERYONE'S business.



#### Safety in and around our school buildings

- Please ensure you follow ALL instructions regarding social distancing, zones, one way systems, entrances and exits.
- Please be respectful of everyone's space and behave in a polite and considerate manner.
- Do not touch items that do not belong to you.
- Cough or sneeze into the fold of your elbow or catch it in a tissue and bit it. *Catch it, Bin it, Kill it.*
- Be mindful and patient of others when arriving and leaving the building.

• Use the sanitising stations provided, your teacher will tell you when you are expected to sanitise throughout the day.





Step 1 - Hands should be wet with liquid soap applied for a good lather. (Water temperature needs to be between 35 °C and 45 °C)

 Step 2 - Rub your
 Step 3 - With your right palm

 hands palm to palm.
 rub the back of your left hand.

 Swap hands and repeat.
 Swap hands and repeat.



Step 4 - Then, interlace your fingers and rub your palms together.



Step 5 - Interlock your fingers and rub the backs of them against your palms.

ngers Step 6 - Enclose your right hand around your left thumb and rub as you rotate it. Swap hands and repeat.

Step 7 - Rub your right fingers in a circular motion in your left palm. Repeat with your left fingers.

After washing, always thoroughly rinse your hands in warm running water, and dry with a clean disposable towel.

Never use reusable towels as you will transfer harmful bacteria back onto your clean hands.

### Welcome

#### **Effective washing of hands**

- This remains the best way of protecting ourselves and others.
- Please read the instructions with your teacher.
- Ask questions if you feel you need to.
- It is essential that <u>WE ALL</u> follow and practice these rules when on school site and at home.
- This MUST be done each time you visit the toilets and before eating.

#### Why hand washing is so important

- Think about how often you wash your hands each day.
- Please remember why we are asking you to do this.
- Are you being conscientious?
- Clean hands are safe hands.
- It is not just about you but your family, friends, and others you meet.
- Spread kindness and consideration not coronavirus.



# PLEASE RESPECT SOCIAL DISTANCING

### Welcome

Social distancing is a little more relaxed in school however please-

- Do not invade others' space unnecessarily.
- If you need help in a classroom, please put your hand up and ask politely.
- Make sure you are organized and prepared for school so you have all the equipment you need, this means you do not have to borrow from others.
- Be respectful in communal areas such as classrooms, corridors, outside spaces and toilets.
- Follow the expected one way system at all times.
- Stick to seating plans in lessons.

Mrs Jarrett wrote to all families before we returned to school highlighting operational and return to school guidance. This included movement around the school, break times, form rooms, wearing of masks, one way system and measures to prevent the spread of COVID.

Q- Does anyone want to ask questions to clarify how our school will operate or what we expect of you?



#### When not to come to school?

The best way we can maintain full operations is by keeping COVID-19 out of our school. It is important we all fully understand that any student or staff member with any of the three cardinal symptoms of COVID-19 – new persistent cough, fever and/or loss of taste or smell –should not attend the school but should self-isolate, arrange a PCR test and notify the school of this. We are asking all families to take a cautious approach.

In addition, students, staff and other adults must not come to school and must self-isolate if they:

- have tested positive for COVID-19 either by a PCR or LFD test whether they are vaccinated or not.
- are a student or staff member who tests positive on LFD, then books the confirmatory PCR test. They must remain self-isolating until the PCR test result is received.

If the subsequent test is negative, they can return to school. If the test is positive, they must continue to isolate.



Anyone developing COVID19 symptoms during the school day will be sent home immediately to self-isolate and arrange a PCR test. Until they leave the school site, their contact with all other individuals will be minimised. Where possible, we will ensure they remain in a separate room.



Lateral Flow Device (LFD) testing

LFD testing will continue to play a very important part in supporting the quick identification and isolation of infected individuals with no symptoms. Prior to the summer holidays, families who had given their consent for their child to participate in the LFD testing were encouraged to undertake lateral flow tests just before the return to school. Once the test has been conducted, you log the test result online at: https://www.gov.uk/reportcovid19-result



Anyone who tests positive using a LFD test:

- must not attend school and must report the test online
- must then book a follow up PCR test through the online booking portal
- must notify the school of the result
- will be contacted by the local contact tracing team
- must follow the advice given by the local contact tracing team

If your family has not already given consent for your to participate, and would like to, please let your tutor know.

### CORONAVIRUS (COVID-19)



# POSITIVE



# • Face masks MUST BE WORN in ALL CORRIDORS, TOILETS and on SCHOOL TRANSPORT.

• It is a personal responsibility to provide a mask, keep it on you at all times and wear it when asked.

• Replacement masks can be provided, please ask.

• If you chose to wear a face covering it must cover the mouth and nose. When putting coverings on, and while they are on, you should only handle the straps, ties or clips. Do not touch the front of the face covering, or the part of the face covering that has been in contact with your mouth and nose

• The Chief Medical Officer for Wales has recommended, for some time, that good hand washing, and respiratory hygiene are still the most important things we can do to contain the virus.

#### How to use a face mask properly







Wash your hands before and after touching your mask



Ensure it fits snugly on your face - no gaps



DON'T have it sitting under your chin or pull it around while wearing



Wash your mask after each use



DON'T keep touching your mask once it's fitted

### How should I care for my reusable face covering?

• Wash it in line with manufacturer's instructions at the highest temperature appropriate for the fabric. You can use your normal detergent and you can wash and dry it with other laundry.

- Do not give it to someone else to use.
- You must throw away your face covering if it is damaged.
- Make sure you clean any surfaces the face covering has touched.



• The wearing of face masks applies to all enclosed public transport vehicles including buses, coaches, trains, trams, ferries and aircraft (where they take off or land in Wales). It also applies to taxis.

• Face coverings should be worn for the duration of the journey on public transport. This means they must be worn from when you get on the vehicle and they must stay in place until you get off.



Piglet: How do you spell love?

Pooh: You don't spell it, you feel it. It is great to have you back in school but;

- Please stay safe.
- Come to school ready to learn.
- Abide by all our expectations for EVERYONE's safety and wellbeing.
- Keep modelling great behaviour and gospel values.
- Ask for help if you need it.
- Look after each other.
- Catch it, bin it, kill it.
- Remember *infection protection* is everyone's responsibility.
- Let's be brilliant together.