



Role Models

## Role Models

- A **role model** is a person who serves as an example by influencing others. For many young people, the most important **role models** are their parents and caregivers.
- Young people look up to a variety of **role models** to help shape how they behave in school, relationships, or when making difficult decisions.
- Can you think of someone that meets the above criteria?





- Positive role models influence our actions and motivate us to strive to unlock our true potentials and overcome our weakness.
- Role models inspire, support, guide or encourage us to make the most of our life. They are a must for self-improvement, development and growth because we must have a standard to strive for or compare ourselves with.

## Role Models





# Role Models

- A **role model** is someone others look to as a good example. Someone who is worthy of imitation.
- Parents try to be **role models** for their children by being good people.
- A famous person who gives money to charity or helps sick children is a **role model**.
- Can you think of others ?



# Role Models

- **Positive role models** boost people's motivation by **modeling** a guide to achieving success.

They are likely to have;

- 1) an ability to inspire others,
- 2) a clear set of values,
- 3) a commitment to community,
- 4) an acceptance of others, and
- 5) an ability to overcome obstacles.





## Role Models

- Having a **role model** in **your life** is always a good idea to inspire you to achieve a level of success or aspiration.
- Having a **role model in life** can help you improve **your life** and the attitudes towards it.
- Emulating a person's actions and values will serve as a 'guiding light' for you when you have bigger goals to achieve in **life**.
- Who do you think would be good to emulate? Who sets a good example?
- <https://youtu.be/MgLsoD3VxNM>



# Role Models

**There are many things to learn from a role model, here are 5 top benefits:**

- Learn the characteristics of a successful person. ...
- Learn how to overcome obstacles. ...
- Have someone to inspire you. ...
- Learn from mistakes. ...
- Become the best version of yourself.



# Role Models

- If you don't already have good role models, are you looking for one? Better yet, do you think your current 'role model' isn't quite what you are looking for?
- Good role models have a powerful influence on people, and the direction they head in life. They are someone that you look up to, admire, and find yourself wondering what they would do or say if you are looking for advice.
- Either you pick a great one that you can learn from and utilize when making decisions in your own life, or you make a poor choice and end up getting led down the wrong path.
- In fact, many people in life have poor role models that end up bringing nothing but bad judgment and disappointment.
- <https://youtu.be/aIO8Ot2WTj0>







# Role Models

- We have highlighted a lot of information about choosing good role models, but you might actually be thinking about what it takes to become one instead.
- Maybe you love inspiring and mentoring people.
- Do you think you have what it takes to be a great role model?

**The following slides give you an indication;**

**9 Essential Qualities of Good Role Models**



# Role Models

## 1. Optimistic

- Good [role models have to be optimistic](#) in order to see the opportunity in everything.
- This has a big effect on how those looking up to role models decide to conduct themselves in life. If your role model, the one you look up to most, is optimistic then you are more likely to follow suit because you want to be like them.
- Therefore, you begin to see the opportunity in things too, which is crucial in a world where people are constantly trying to tell you things are impossible, that they can't be done or you should just give up and stop wasting your time.

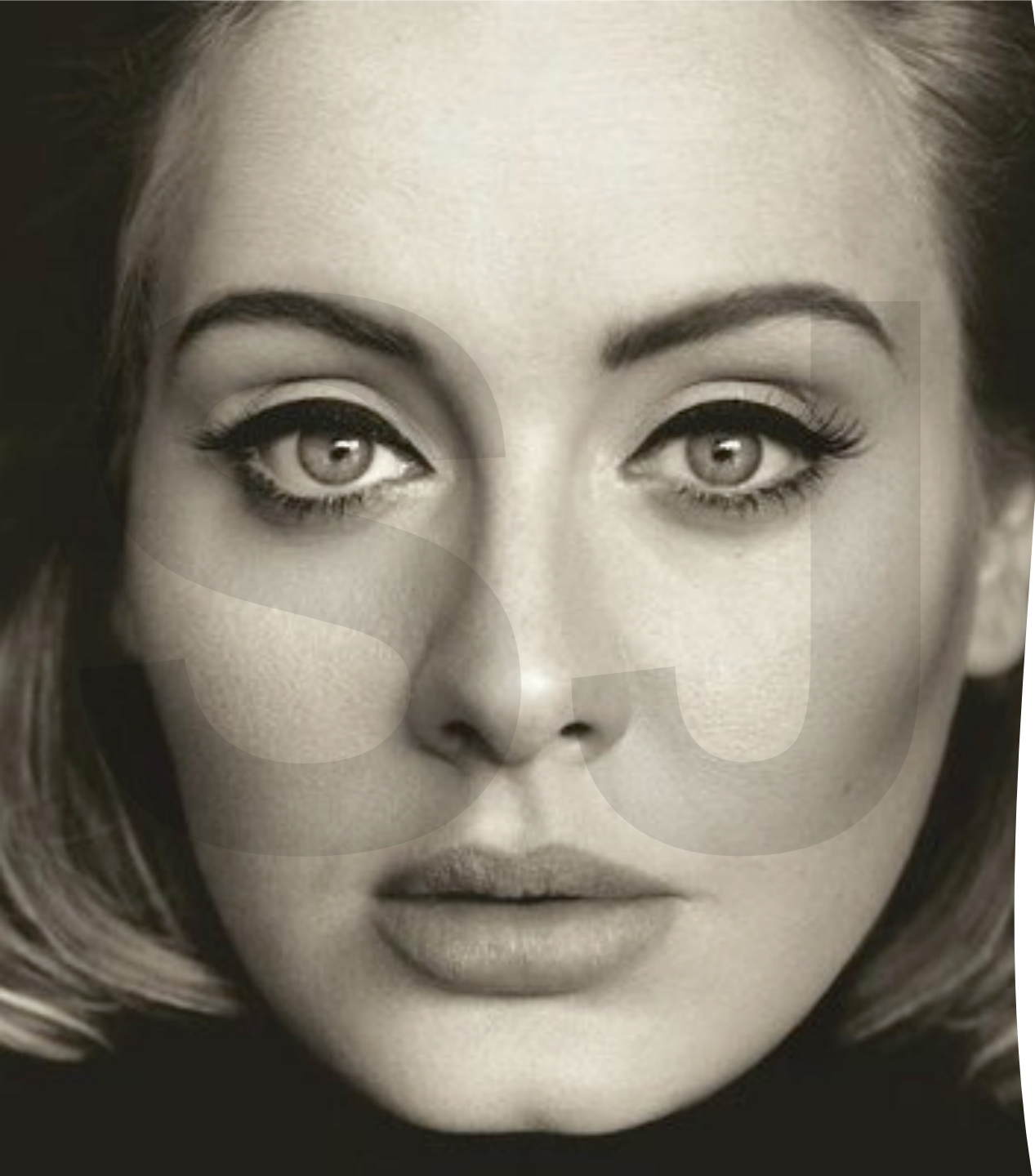


# Role Models

## 2. Confident

- Confidence shows through in everything a person does, and even if you are an optimistic person, that may not count for anything if you're not a confident one.
- [Lack of confidence](#) results in opportunities not being taken because you are too scared about taking action.
- It also doesn't help when role models aren't confident, it doesn't send the right message to anybody looking up to them, and it can be pretty difficult trying to learn from a person lacking confidence.





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## 3. Hardworking

- Above all else, a role model has to be hardworking, it's such an essential quality to have when trying to achieve life long goals. If you don't have a [hardworking attitude](#), you won't get a lot done.
- Just like any other qualities, the attitude of a role model influences the people that look up to them.
- How hardworking are you?
- How much are you prepared to give to achieve your goals?



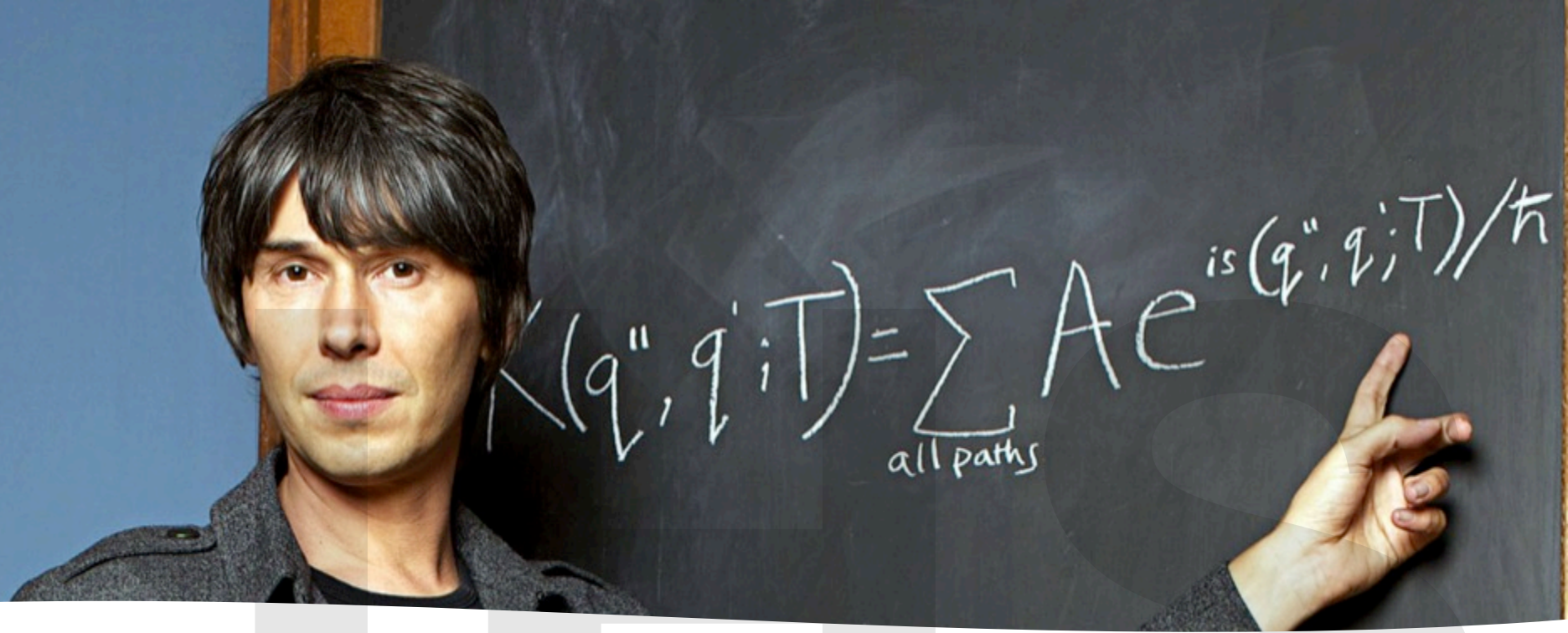


# Role Models

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## 4. Unique

- What unique selling point (USP) do you or they have?
- There are many people that have become successful in various fields such as entrepreneurship, fitness, health, sport, entertainment or music. So you could take your pick from many different people depending on who you prefer.
- But what makes the difference is an individual's uniqueness, that certain, quality, experience or story that makes it hard for you not to look up to them.
- Can you think of unique people?
- Why are they unique?
- What makes you admire them?



## Role Models

### 5. Communicative

- How are you supposed to learn from someone if they [lack communication skills](#)?
- That's the most important way to learn; by communicating well with someone in order to pick up their knowledge. Just watching them repeat things doesn't have the same effect as actually having them communicate with you.
- If you pick a role model who is a **famous entrepreneur** but they do not speak much about their work, don't do interviews, videos, or give out advice, then it will be very hard for you to find out more about them and learn from them.
- What matters for you is the who, what, when, why, where or how.



# Role Models

## 6. Respectful

Being respectful is important when working with people because everybody is different, everybody has their own goals and dreams. It is important to model respect if you are going to be working with other people, they will see things differently to you.

Take time to understand someone, work them out, what makes them tick. Be patient, kind and open.

If you were looking for a good role model, surely you would want them to show these qualities too?





# Role Models

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## 7. Knowledgeable

- You wouldn't want to have a role model that has no idea what they are talking about, would you?
- Having a mentor that's not knowledgeable possesses a big problem, since they won't really be able to give you any wisdom. Studying their work, their lifestyle and their advice probably will not help you improve your own career or life.
- Therefore, when you look for good role models, make sure they possess high levels of knowledge in the subject they are talking about, their expertise will hopefully rub off on you.
- If it is the other way round and you want to become a mentor or role model for other people, then make sure you can back up your knowledge so others will not be wasting their time.

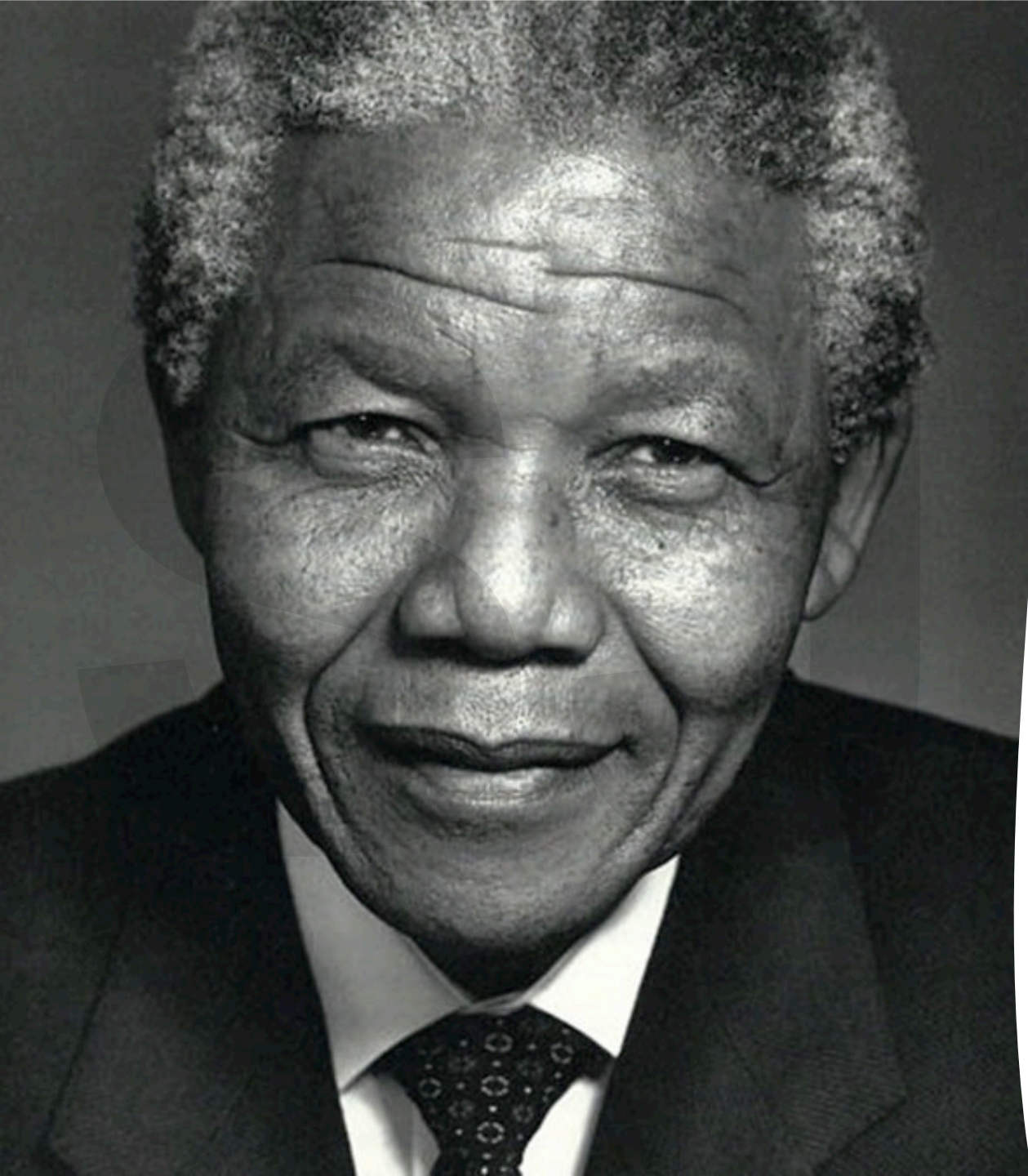




## Role Models

### 8. Well Rounded

- Well rounded role models are good role models. You know what they say, 'You are only as strong as your biggest weakness'.
- There is no point in a role model having two or three amazing qualities and then severely lacking in all the others.
- It also helps if a role model is well rounded as they could potentially hold knowledge in a few different fields that you are interested in, rather than just the one.
- For example, if you are an aspiring entrepreneur, but you also have a passion for fitness, picking a role model that knows a lot about both of these areas is perfect.



# Role Models

## 9. Empathizing

- If you are [empathetic towards people](#), then it is a lot easier to work with one another, because you have a good understanding of a person's situation and 'the shoes that they walk in'.
- Therefore, when looking for good role models, choosing one that is empathetic not only benefits you because they feel more compelled to help you, but also because they will be able to give better advice, since they have a greater understanding.