What next?

For our last time this year we settle and reflect on all that is good in our lives.

- 'Press pause'.
- Breathe slowly.
- Show respect.
- Listen carefully.
- Be grateful.
- Be calm.
- Be humble.

Loving Lord, thank you for placing people in my life that make it better. You've given me friends and people I can count on. Help me to be a friend to them.

Most of all, thank you for being a friend that is like no other.

You are always trusting, truthful, and there when I need you. Amen.

[Based on Proverbs 18:24] DailyPrayerGuide.net



As we come to the end of a challenging year, let us reflect on all we have accomplished, learnt about ourselves, how we have made a difference in others' lives and what there is to look forward to in the future.

Q- Share with the person next to you one example for each of the above.

Think about the quote on the right.

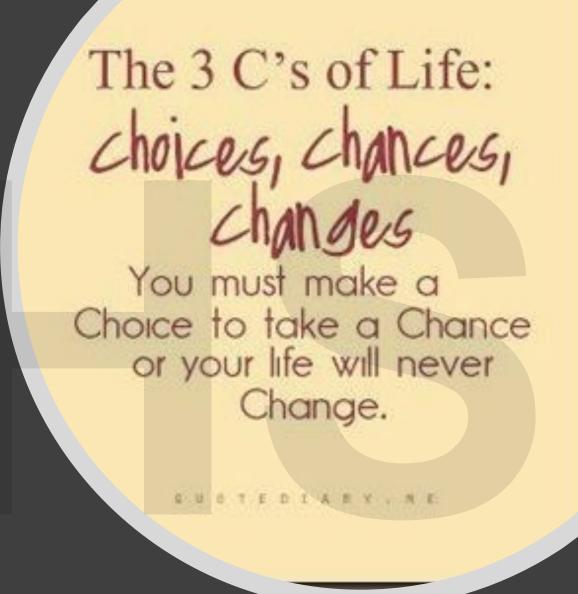
Q- Is Walt Disney correct?

Q- Surely, we must look backwards in order to learn from what we have done?

Around here, we don't look backwards for very long... We keep moving forward, opening up new doors and doing new things because we're curious... and curosity keeps leading us down new paths

CALT DISNEP

- Q- Using the quote on the right what are your 3 C's going forwards?
- Q- What does the summer and the start of a new term hold for you?
- Q- Share with the person closest to you the different choices, chances and changes you will encounter in the next few months.
 - Q- What are you excited about?
 - Q- What are you uncertain about?



On the next slide is a selection of songs.

Task-

Form to select one.

Listen to the lyrics.

Discuss your interpretation of the song at the end.

How does it relate to you?

What messages did you get from the song?

Perhaps you can watch the other song choices in your own leisure time and reflect on your own or with your family.



Skepta- Hold On

https://youtu.be/e5iqtQLm-BM

Andra Day- Rise Up

https://youtu.be/lwgr_IMeEgA

Sara Bareilles- Brave

https://youtu.be/QUQsqBqxoR4

Sia- Never Give UP

https://youtu.be/h6Ol3eprKiw

The Script- Hall of Fame

https://voutu.be/mk48xRzuNvA

Shawn Mendes- Hold On

https://youtu.be/kyRp9kaOG5U

The Greatest Showman- Never Be Enough

https://youtu.be/JZ9pHBEUWPc



- Q- Are you nervous about what others will think if you try something and fail?
 - Q- Do you put too much pressure on yourself to always get things right?
- Q- Do you give up too easy and struggle to find that inner tiger?

With your tutor discuss what the quote on the right means to you, as we plan to move forward and be successful in our own ways.

FAIL FAST Don't wait for everything to be perfect, try now! FAIL OFTEN Don't let failures stop you Learn from your failures

Thinking about all you have shared, listened to and reflected on today, focus on the picture.

Q- What does this mean to you?

Q- How can you apply this to your journey at school this coming September?

Q- What will bring you happiness on your journey?





Please have a fantastic summer break.

Recharge.

Relax.

Make happy memories.

We look forward to seeing you in September, ready to work hard, being aspirational, ready to help others and not letting others' opinions holding you back.