



Growth  
Mindset

# Growth Mindset

- After watching the short video ask your self these questions;
- Are you like MoJo sometimes?
- Can MoJo become better at Maths?
- How will MoJo achieve this?
- <https://youtu.be/2zrtHt3bBmQ>
- 2 mins 30 secs



# Growth Mindset

- Talk to your partner;
- When have you found certain things difficult?
- Give a few examples when you found yourself 'stuck'
- What did you do when you made mistakes and found learning a problem?



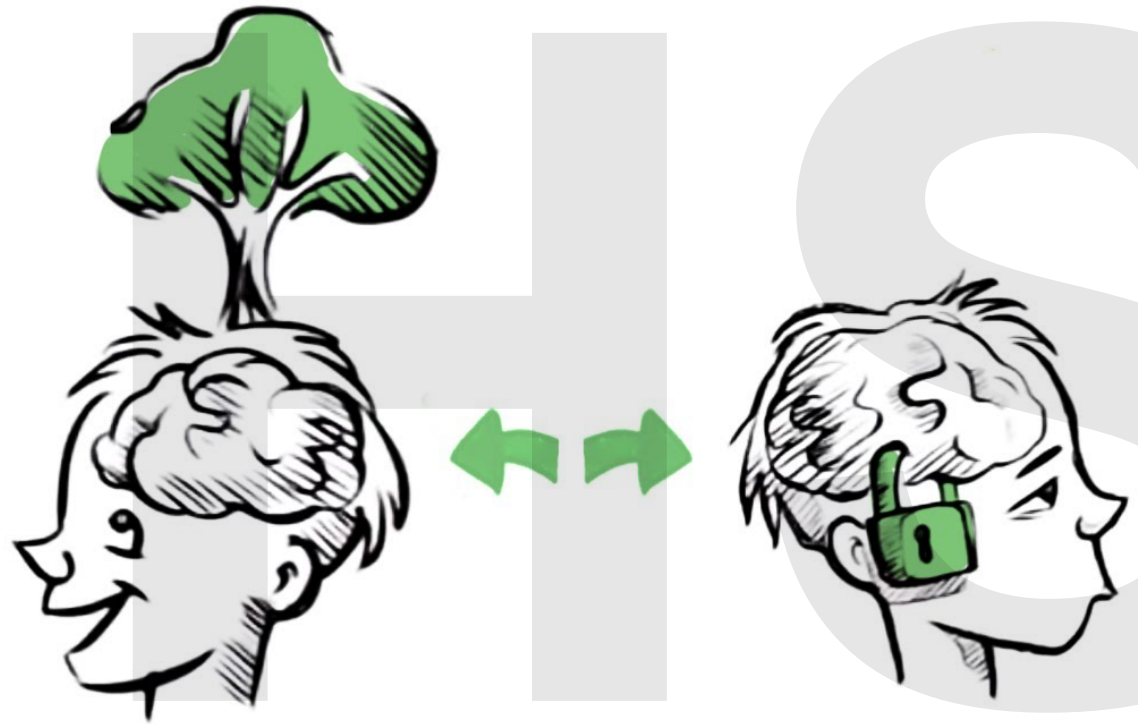
**PATIENCE**  
*And*  
**PERSEVERANCE**  
*Lead To*  
**PROGRESS**

# Growth Mindset

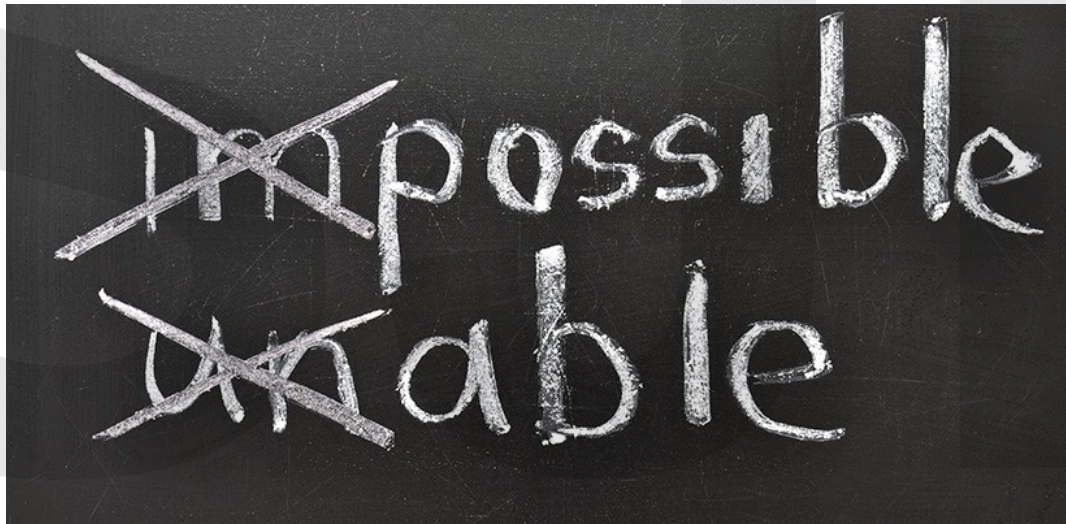
- Take a few minutes to watch and LISTEN to the following video.
- Try and discuss/share the key points with your friends and class mates.

• <https://youtu.be/75GFzikhRY0>

• 8 mins



# Growth Mindset



~~impossible~~  
~~achievable~~

- By now you will have a good idea that learning is not easy for everyone, sometimes you will face problems, challenges, mistakes or experience a 'block'.
- What's important are the messages you give yourself in order to find solutions or a way around the block.
- The following slides have some quotes or important information on them, discuss with people near to you what the meanings may be.

Growth  
Mindset

**MINDSET IS  
EVERYTHING**



# Growth Mindset

**WE DON'T GROW WHEN  
THINGS ARE EASY; WE  
GROW WHEN WE FACE  
CHALLENGES.**



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Mindset





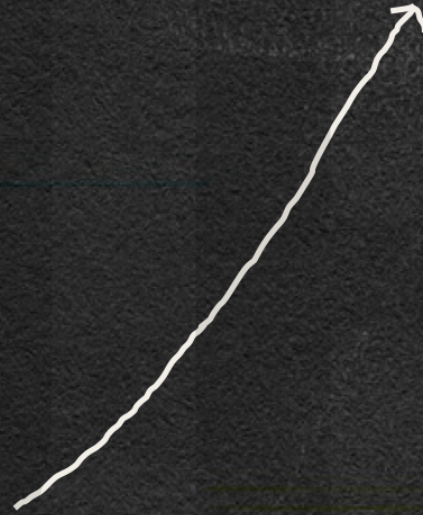
# Growth Mindset

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IT'S  
okay  
to  
not know,  
BUT IT'S  
not okay  
to  
not try.

Growth  
Mindset

SUCCESS



What people think it  
looks like

SUCCESS



What it really looks  
like

# Growth Mindset

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IF YOU ARE TEMPTED TO SAY  
**"I CAN'T"**  
HAVE THE COURAGE TO ADD  
**"YET"**

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# Growth Mindset

*"All the adversity I've had  
in my life, all my troubles  
and obstacles, have  
strengthened me.... You may  
not realize it when it  
happens, but a kick in the  
teeth may be the best thing  
in the world for you."*

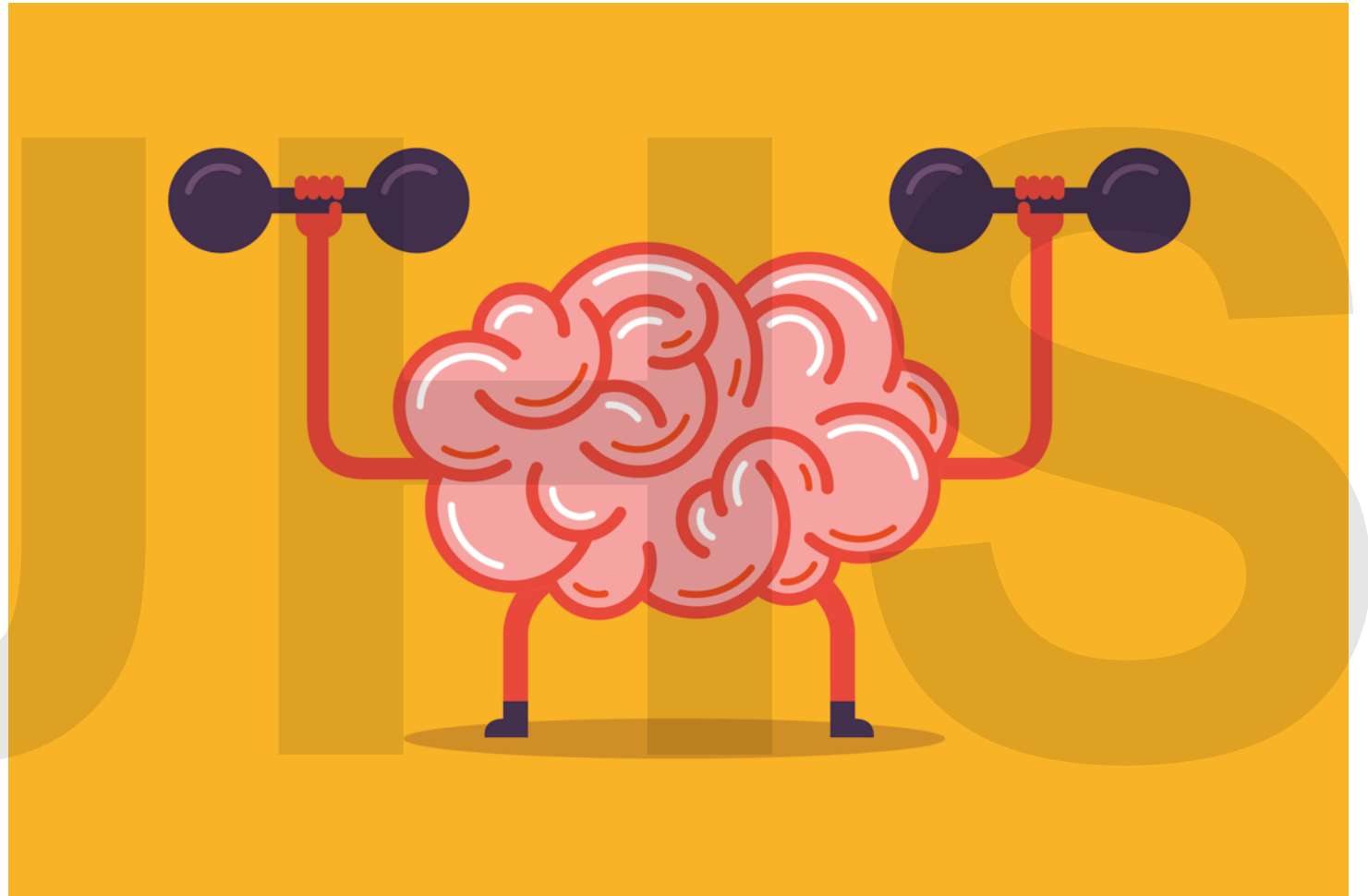
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WALT DISNEY

# Growth Mindset

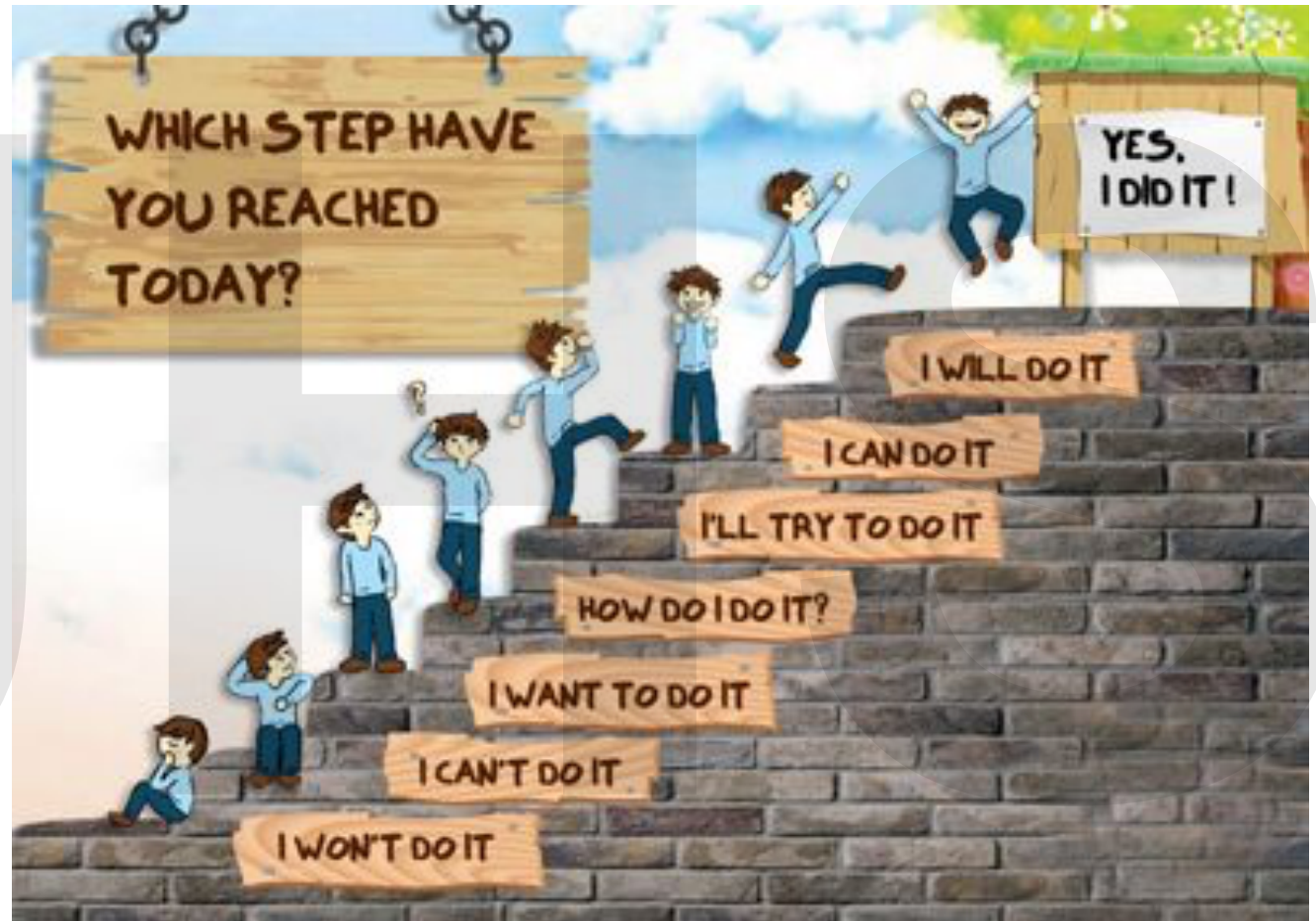


Growth  
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# Growth Mindset

- Have you experienced these levels today or this week?
- Talk to your partner when you felt each particular step.
- Which ones do you think you need to keep repeating in order to have a positive Mind Set?



## DEVELOPING A **GROWTH MINDSET**

<b>INSTEAD OF.....</b>	<b>TRY THINKING....</b>
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

# Growth Mindset

- Finally
- We can't be successful ALL the time but we can be positive.
- If we change the way we think it will make ALL the difference.
- The important thing to remember is staying positive, not to give up and use our mistakes as information to improve ourselves.
- Start by changing your language.
- Give it a go.
- Good luck positive people!!