

# WILD WELLBEING PARENT SUPPORT GROUP

FOR PARENTS WITH CHILDREN EXPERIENCING MENTAL HEALTH ISSUES

A morning of walking, talking, cuppas and cakes.  
Magor Marsh Reserve, Whitewall Road NP26 3DD  
In association with Gwent Wildlife Trust.

Next session is on

**Thursday 26<sup>th</sup> September 2019 - 10am to 12pm**

For more information contact

Bernadette at Newport Parent Network

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Or

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