

St. Joseph's RC High School Ysgol Uwchradd Gatholig Joseff Sant

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Headteacher/Pennaeth: Mrs J Jarrett BA(Hons) M.A NPQH

9 September 2020

Dear Parent/Carer,

Re: Information regarding a confirmed case of COVID-19 at St Joseph's RC High School

This afternoon, I was notified of a confirmed case of COVID-19 in Year 7. In line with guidance from Welsh Government, Environmental Health and, Newport City Council all pupils in Year 7 will need to self-isolate for 14 days. **St Joseph's RC High School remains open to all other pupils.**

All close contacts of the case have been identified and are in the process of receiving appropriate advice. Your child has not been identified as a close contact and therefore does not need to self-isolate and does not require testing for COVID-19. They can continue to attend school as usual.

However, please continue to be alert for any symptoms of COVID-19:

- a new or continuous cough
- a high temperature
- · a loss of or change to sense of smell or taste

If your child develops any of these symptoms, even if they are mild, you need to:

- book a test for them by phoning 119 or through the online portal: https://www.nhs.uk/ask-for-a-coronavirus-test
- follow the advice provided when your child receives their test result
- phone school on 01633 653110 or email sjhs@newport.gov.uk and let us know that your child is unwell with COVID-19 symptoms and that you have requested a test
- ensure your child self-isolates for 10 days from when their symptoms started
- ensure all other household members isolate for 14 days from when your child developed symptoms
- ensure you do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999

To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home

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- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough
 or sneeze
- putting used tissues in the bin immediately and washing hands afterwards

Further information on symptoms and self-isolation can be found here: https://gov.wales/symptoms-and-self-isolation-contact-tracing

Further information on NHS Wales 'Test, Trace', Protect can be found here: https://gov.wales/test-trace-protect-coronavirus

For general information on COVID-19: https://gov.wales/protect-yourself-others-coronavirus

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do: https://gov.wales/check-if-you-need-coronavirus-medical-help

You are aware of all the measures we have put in place to minimise the risk of transmission of COVID-19. I want to reassure you that we will continue to be vigilant and do all we can to provide the safest possible environment for our school community.

Yours sincerely,

Mrs Jarrett Headteacher