

PHYSICAL EDUCATION Ymarfer Corff



Course Title: Physical Education
Examination Board: WJEC
Qualification: GCSE



COURSE OUTLINE

The course is made up of two units including 50% practical (one fitness activity with log book and at least one team game to be assessed, officiating and leadership is NO longer an option) and 50% written exam with video paper included.

ASSESSMENT OF PRACTICAL PERFORMANCE

Candidates must be assessed in activities listed below which have been approved by the Welsh Government. Candidates can be assessed at intervals throughout the course. The final marks submitted should be a true reflection of the candidates' level of performance.

For the team sports/activities candidates should demonstrate the application of skills/techniques/strategies appropriate to the position/activity in demanding situations i.e. in small sided and full sided games in competitive contexts.

For individual sports/activities candidates should demonstrate the application of skills/techniques/strategies appropriate to the activity in demanding pressure situations.

HOW WILL I BE ASSESSED?

UNIT 1: INTRODUCTION TO PHYSICAL EDUCATION
50% of qualification, 2hr written examination

Learners will be assessed through a range of short and extended questions. The questions will be based on audiovisual stimuli and other sources.

UNIT 2: THE ACTIVE PARTICIPANT IN PHYSICAL EDUCATION
50% of qualification, non-exam assessment

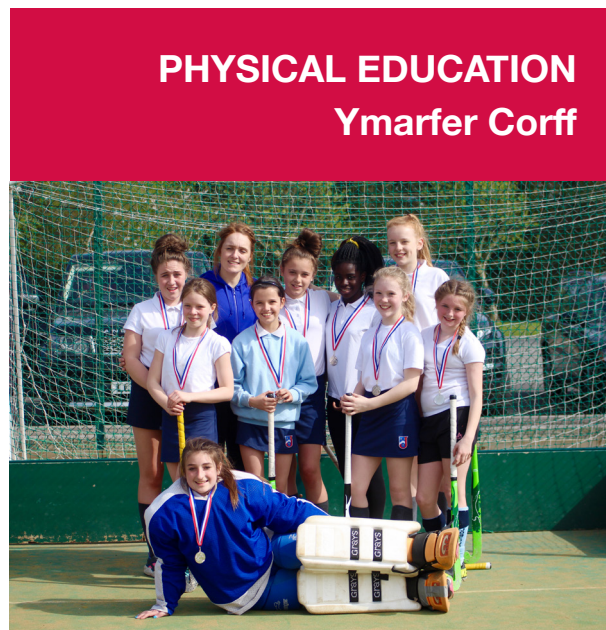
- One major activity to include the personal fitness programme - 22%.
- Two minor activities 28%

Learners will be assessed in three different activities in the role of performer in at least **one individual sport, one team sport and one other**.

One activity will be a major activity which will have a personal fitness programme linked to the activity.

“We are great believers in not only refining the performer but we also want the students to understand how they can develop as performers within a variety of officiating and coaching opportunities.”

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APPROVED ACTIVITIES

Team activities:

Association Football, Baseball, Cricket, Hockey, Lacrosse, Netball, Rowing, Rounders, Rhythmic Gymnastics, Rugby League, Rugby Sevens, Rugby Union, Synchronised Swimming, Volleyball.

Activities which can be undertaken as a team or individual:

Badminton, Dance, Mountain Walking, Rock Climbing, Sailing, Sculling, Table Tennis, Tennis

Individual Activities

Amateur Boxing, Athletics (including cross country), Canoeing, Cycling, Diving, Equestrian, Golf, Gymnastics, Judo, Kayaking, Mountain Biking, Skiing, Snowboarding, Squash, Swimming, Taekwondo, Trampolining

Specialist Team Activities

Blind Cricket, Goalball, Table Cricket, Powerchair Football, Wheelchair Basketball, Wheelchair Rugby

Specialist Activities as an team or individual

Polybat

Specialist Individual Activities

Boccia

The performances must be internally assessed by the teacher using the assessment grids in Appendix A. The performances are externally moderated by a visiting moderator. Candidates can offer off-site activities for assessment.

Off-site activities are those that do not take place at the school/college campus and where it would be difficult to moderate "live" on moderation day. Appropriate DVD/digital evidence must be available for the performance of all off-site activities. All activities must be assessed by teachers and mark sheets signed by teachers.

CAREER OPPORTUNITIES AND PROGRESSION

Teaching, Sports Coaching, Professional Athlete, Fitness Instructor, Physiotherapist, Sports Massage, Personal Trainer.

For further information please contact:
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